

Revocation and Determination
of
Statement of Principles
concerning
**GASTRO-OESOPHAGEAL REFLUX
DISEASE**

ICD-10-AM CODE: K21

Veterans' Entitlements Act 1986

1. The Repatriation Medical Authority under subsection **196B(3)** of the *Veterans' Entitlements Act 1986* (the Act):
 - (a) revokes Instrument No.63 of 1999; and
 - (b) determines in its place the following Statement of Principles.

Kind of injury, disease or death

2. (a) This Statement of Principles is about **gastro-oesophageal reflux disease** and **death from gastro-oesophageal reflux disease**.
 - (b) For the purposes of this Statement of Principles, “**gastro-oesophageal reflux disease**” means the regurgitation of gastric content into the oesophagus together with resultant symptomatic or histologic evidence of oesophageal inflammation.
Gastro-oesophageal reflux disease attracts ICD-10-AM code K21.

Basis for determining the factors

3. On the sound medical-scientific evidence available, the Repatriation Medical Authority is of the view that it is more probable than not that **gastro-oesophageal reflux disease** and **death from gastro-oesophageal**

reflux disease can be related to relevant service rendered by veterans or members of the Forces.

Factors that must be related to service

4. Subject to clause 6, at least one of the factors set out in clause 5 must be related to any relevant service rendered by the person.

Factors

5. The factors that must exist before it can be said that, on the balance of probabilities, **gastro-oesophageal reflux disease** or **death from gastro-oesophageal reflux disease** is connected with the circumstances of a person's relevant service are:
 - (a) suffering from hiatus hernia at the time of the clinical onset of gastro-oesophageal reflux disease; or
 - (b) being obese at the time of the clinical onset of gastro-oesophageal reflux disease; or
 - (c) smoking at least 10 cigarettes per day or the equivalent thereof in other tobacco products, and having smoked at least two pack years of cigarettes or the equivalent thereof in other tobacco products, at the time of the clinical onset of gastro-oesophageal reflux disease; or
 - (d) suffering from alcohol dependence or alcohol abuse and consuming alcohol at the time of the clinical onset of gastro-oesophageal reflux disease; or
 - (e) undergoing an intra-abdominal surgical procedure in the area of the lower oesophageal sphincter within the 24 hours immediately before the clinical onset of gastro-oesophageal reflux disease; or
 - (f) being treated with a smooth muscle relaxant drug for a condition for which the drug cannot be ceased or substituted, at the time of the clinical onset of gastro-oesophageal reflux disease; or
 - (g) being treated with a nonsteroidal anti-inflammatory drug for a condition for which the drug cannot be ceased or substituted, at the time of the clinical onset of gastro-oesophageal reflux disease; or
 - (h) suffering from scleroderma at the time of the clinical onset of gastro-oesophageal reflux disease; or

- (i) suffering from Zollinger-Ellison syndrome at the time of the clinical onset of gastro-oesophageal reflux disease; or
- (j) suffering from hiatus hernia at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (k) being obese at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (l) smoking at least 10 cigarettes per day or the equivalent thereof in other tobacco products, and having smoked at least two pack years of cigarettes or the equivalent thereof in other tobacco products, at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (m) suffering from alcohol dependence or alcohol abuse and consuming alcohol at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (n) undergoing an intra-abdominal surgical procedure in the area of the lower oesophageal sphincter within the 24 hours immediately before the clinical worsening of gastro-oesophageal reflux disease; or
- (o) being treated with a smooth muscle relaxant drug for a condition for which the drug cannot be ceased or substituted, at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (p) being treated with a nonsteroidal anti-inflammatory drug for a condition for which the drug cannot be ceased or substituted, at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (q) suffering from scleroderma at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (r) suffering from Zollinger-Ellison syndrome at the time of the clinical worsening of gastro-oesophageal reflux disease; or
- (s) inability to obtain appropriate clinical management for gastro-oesophageal reflux disease.

Factors that apply only to material contribution or aggravation

6. Paragraphs 5(j) to 5(s) apply only to material contribution to, or aggravation of, gastro-oesophageal reflux disease where the person's

gastro-oesophageal reflux disease was suffered or contracted before or during (but not arising out of) the person's relevant service; paragraph 8(1)(e), 9(1)(e) or 70(5)(d) of the Act refers.

Inclusion of Statements of Principles

7. In this Statement of Principles if a relevant factor applies and that factor includes an injury or disease in respect of which there is a Statement of Principles then the factors in that last mentioned Statement of Principles apply in accordance with the terms of that Statement of Principles.

Other definitions

8. For the purposes of this Statement of Principles:

“area of the lower oesophageal sphincter” means the region immediately surrounding the intra-abdominal oesophagus and the diaphragmatic crura;

“being obese” means an increase in body weight by way of fat accumulation which results in a Body Mass Index (BMI) of 30 or greater.

The $BMI = W/H^2$ and where:

W is the person's weight in kilograms and

H is the person's height in metres;

“cigarettes per day or the equivalent thereof, in other tobacco products” means either cigarettes, pipe tobacco or cigars, alone or in any combination where one tailor made cigarette approximates one gram of tobacco; or one gram of cigar, pipe or other smoking tobacco by weight;

“death from gastro-oesophageal reflux disease” in relation to a person includes death from a terminal event or condition that was contributed to by the person's gastro-oesophageal reflux disease;

“ICD-10-AM code” means a number assigned to a particular kind of injury or disease in The International Statistical Classification of Diseases and Related Health Problems, 10th revision, Australian Modification (ICD-10-AM), Third Edition, effective date of 1 July 2002, copyrighted by the National Centre for Classification in Health, Sydney, NSW, and having ISBN 1 86487 413 9. Where in this Statement of Principles an ICD code is referenced, such reference is not to constrain or limit the proper meaning of the definition or words preceding the alphanumeric code reference;

“pack years of cigarettes or the equivalent thereof in other tobacco products” means a calculation of consumption where one pack year of cigarettes equals twenty tailor made cigarettes per day for a period of one calendar year, or 7 300 cigarettes. One tailor made cigarette approximates one gram of tobacco or one gram of cigar or pipe tobacco by weight. One pack year of tailor made cigarettes equates to 7 300 cigarettes, or 7.3kg of smoking tobacco by weight. Tobacco products means either cigarettes, pipe tobacco or cigars smoked, alone or in any combination;

“relevant service” means:

- (a) eligible war service (other than operational service); or
- (b) defence service (other than hazardous service);

“scleroderma” means a multisystem disorder characterised by the association of vascular abnormalities, connective tissue sclerosis and atrophy, and auto-immune changes;

“smooth muscle relaxant drug” means an anti-cholinergic drug, a beta-adrenergic drug, a nitrate drug, or a calcium channel blocker drug, and the drug aminophylline;

“terminal event” means the proximate or ultimate cause of death and includes:

- (a) pneumonia;
- (b) respiratory failure;
- (c) cardiac arrest;
- (d) circulatory failure; or
- (c) cessation of brain function;

“Zollinger-Ellison syndrome” means a condition characterised by gross elevation of serum gastrin and gastric hyperacidity.

Application

9. This Instrument applies to all matters to which section 120B of the Act applied.

Dated this *Sixth* day of *August* 2002

The Common Seal of the)
Repatriation Medical Authority)
was affixed to this instrument)
in the presence of:)

KEN DONALD
CHAIRMAN